

Cambridge University Ski and Snowboard Club Health and Safety Policy

Statement of General Policy

Cambridge University Ski and Snowboard Club (CUSSC) is strongly committed to encouraging our members to take part, whilst seeking to ensure that the health, well-being and safety of each individual is managed effectively, and that the safety of all external parties is considered and managed.

Recognising that failures in health and safety management can lead to loss of life, personal injury, property damage and legal action, CUSSC will take all reasonable steps to provide a healthy and safe environment for its members. That said, the underlying principle of the CUSSC Health and Safety Policy is that “those who create risks must manage and control them”.

Specific Responsibilities and Safety Arrangements

Responsibility	Officer Responsible	Specific Safety Arrangements
General oversight of club safety management	President	<ul style="list-style-type: none">- Create a safe environment by putting health and safety measures in place as identified by the assessment.- Undertake regular, recorded risk assessment of the club premises and all activities undertaken by the club.- Ensure that the implementation of the policy is reviewed regularly and monitored for effectiveness.- The CUSSC President must appoint in writing an appropriate member of their committee as Safety Officer. This person monitors the implementation of the club’s Health and Safety Policy and advises the Presidents on the effectiveness of arrangements.

Clear communication with club members on safety matters	President and Safety Officer	<ul style="list-style-type: none"> - Ensure that all members are aware of, understand and follow the Club's health and safety policy. Notably, the Club does not provide insurance for members, who are expected to rely on personal insurance, or the insurance offered on commercial trips such as Varsity Trip Ltd or BUSC Events. - Ensure that all members are given the appropriate level of training and competition by regularly assessing individual ability dependant on age, maturity and development. - Ensure that club members are able to raise safety concerns. - Ensure that normal operating procedures and emergency operating procedures are in place and known by all members.
Obtaining information from club members	Secretary	<ul style="list-style-type: none"> - CUSSC provides an online sign-up form for members, which asks for emergency contacts, details of medical conditions, and consent to the CUSSC Code of Conduct, CUSSC Data Protection Policy, and use of photography (etc.) in CUSSC promotional media.
Effective continuous management of safety arrangements	Safety Officer	<ul style="list-style-type: none"> - Appoint a competent club member to assist with health and safety responsibilities. - Review safety procedures, arrangements and information at committee meetings.
Provide appropriate mitigation control measures for injuries	Safety Officer	<ul style="list-style-type: none"> - Provide access to adequate first aid facilities, telephone and qualified first aider at all times. - All members are required to wear a helmet at all times during any snowsports activities. In the case of a potential concussion, the Club will endeavour to ensure that medical attention is obtained as soon as possible, and that the athletes concerned are prevented from taking part in any activities until medical authorisation is given.
Reporting Accidents	President	<ul style="list-style-type: none"> - Accidents should be reported to a member of the Committee, who will escalate it to the President, and if necessary to the relevant University staff. - Accidents will be reported to the Sports Service Safety Officer, using this form:

		www.sport.cam.ac.uk/injury-and-incident-reporting (including as much detail as possible).
Adherence to wider policies	The Club	<ul style="list-style-type: none"> - The Club adheres to the University's Health and Safety Policy. Corporate responsibility for health and safety rests with Council and the General Board of the University of Cambridge. - The Club also follows and adheres to the policies of British Ski & Snowboard (BSS) and International Ski Federation (FIS).
Uphold a culture that supports the safety policy	All club members	<ul style="list-style-type: none"> - Take reasonable care for your own health and safety and that of others who may be affected by what you do or not do. - Co-operate with the club on health and safety issues. - Correctly use all equipment provided by the club. - Not interfere with or misuse anything provided for your health, safety or welfare.

Appendix A: Details of First Aid Provision

CUSSC trains at least one first aider each year, who will be on hand at every event.

Training (Land: university sports centre; Snow: Milton Keynes Snozone snow dome) is undertaken at venues with established first aid procedures. We therefore use their first aid provisions and procedures, ensuring that members of the club are aware of these beforehand.

At other times, CUSSC will arrange for a member of the Cambridge University First Aid Society, a student group in St. John Ambulance, to be present. [CUFAS](#) provide first aid cover at community and sports events, as well as train members of the University in First Aid.

Appendix B: University Contacts

Safety Office:

01223 (3)33301

safety@admin.cam.ac.uk

Fire Safety:

01223 (3)37822

universityfiresafety@admin.cam.ac.uk

PLEASE NOTE THAT EVERY MEMBER OF CUSSC HAS A RESPONSIBILITY TO:

- Take reasonable care for their own health and safety and that of others who may be affected by what they do or do not do.
- Cooperate with the club on health and safety issues.
- Familiarise themselves with CUSSC, and University, and Departmental Health and Safety policies
- Raise any concerns regarding health and safety via the reporting systems in place at Department and University level.